

# Planting Guide

For Sowing Seeds Directly  
Into Your Raised Bed

Plant Seed						Harvest						
Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	
		Arugula					Arugula					
		Broccoli					Broccoli					
		Cauliflower										
		Spinach					Spinach					
		Beets					Beets					
		Carrots					Carrots					
		Kale					Kale					
		Lettuce					Lettuce					
		Onions										
		Parsely					Parsely					
		Peas					Peas					
		Potatoes										
		Radishes					Radishes					
			Beans									
			Brussel Sprouts									
			Cabbage									
			Squash									
			Peppers									
			Tomato									
								Tatsoi-Mache				



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